

ISSN 2051-6940

ISSUE 203

29TH JAN 2021

TO 11TH FEB 2021

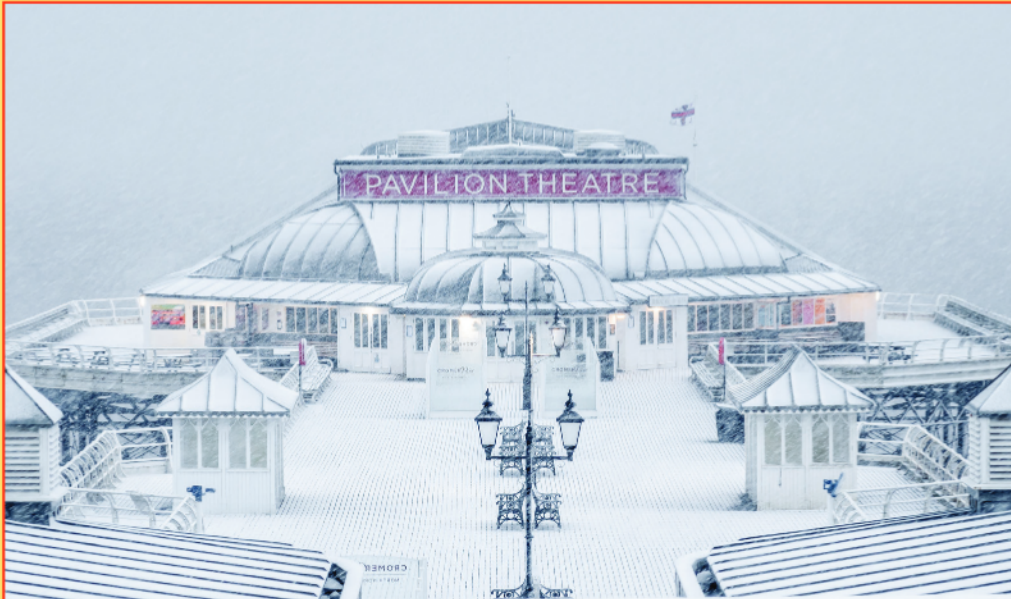
The CRAB TALES

The Most Popular **'FREEBIE'** in North Norfolk.

Available at All the Best Places Between Cromer Nth Walsham, Mundesley, Sheringham & Aylsham.

PRICELESS or FREE FOR ALL!

Also @ www.thecrabtales.com



*Many thanks to Minors and Brady Photographer
Brad Damms for the wonderful image!*

Your legal matters
in safe hands
for generations

Hayes + Storr handle a whole
range of legal matters with
care and professionalism.

Call us today 01263 825959
www.hayesandstorr.co.uk

Sheringham | Holt | Fakenham
King's Lynn | Swaffham | Wells

HS
HAYES + STORR
SOLICITORS

Randell's Footcare

01603 737188 / 01263 732959

Cromer
Sheringham
Aylsham
North Walsham
Fakenham
Coltishall
Norwich

HCPC
Registered
Podiatrists

www.randellsfootcare.co.uk

See pages 8 and 9 for
more stunning photos.

JS COMPUTING SERVICES

YOUR IT SOLUTIONS SPECIALIST

01263 825338

www.jscomputingservices.co.uk
24 New Road, Sheringham, NR26 8EB.

Laptop & Desktop PC repairs.

Apple Mac repairs.

iPhone screen, battery &
charging port replacements.

- Free diagnostics - No Fix No Fee -

OPEN Call us on
01263
513193
Bann Thai
healthy food truly thai

**Take away Wed to
Sun 5 to 9pm
Delivery available
for those
self isolating.**

Healthy food truly Thai
homemade and cooked to order
using Fresh, Local Produce

Take Away available

1a Church Street Cromer, NR27 9ER

Will's Plaice EAST RUNTON

ON THE HIGH STREET

Tasty Traditional Fish & Chips

WWW.CHIPSHOPEASTRUNTON.CO.UK

01263 519222

CHECK OPENING TIMES BY PHONE
OR VISIT FACEBOOK



DELIVERY AVAILABLE

YOUR WILL For Only £59
POWER OF ATTORNEY
(Excluding Court Fees) £99
PROPERTY PROTECTION
TRUSTS £99

A. S. WILLS

For home or office visits

CALL 01263 579 327

Danum House, Overstrand, Norfolk

SHORELINE ENGLISH
English Tuition in North Norfolk
(currently online)
GCSE, Key Stage 3, A Level, EAL
Highly experienced teacher/examiner
BA (Hons) MA PGCE DBS checked
shorelineenglish@gmail.com

HOLT MOBILITY
Sales ~ Service ~ Hire
Stairlifts
Scooters
Rise and Recline Chairs
Wheelchairs
Small Aids
Home Visits a Pleasure
TEL: 01263 588777
Weybourne Rd, Bodham, Holt, NR25 6QJ



CARPET FITTER

CARPETS, VINYL, KARNDEN & NATURAL
FLOORINGS SUPPLIED & FITTED.
REPAIRS & RESTRETCHES.
30 YEARS EXPERIENCE.

TEL : Nigel 07798 608 743

TRIMINGHAM ROOFING

Flat & Pitch Roofing, Lead work, Chimney
Repairs, Fascia & Guttering. General Building.
TEL : 01263 833 448 or 07747 136 190

Woodpecker Tree Services & Access Platform Hire
Antingham, North Norfolk. Established 1997
Call O. Dixon on: **Tel (01263) 833 779**
Fully Insured and NPTC Qualified.
Friendly and polite service. All aspects of tree & hedge work undertaken.
Firewood logs and wood chippings available!



Hello,
Great
news!

FROM THE EDITOR.



Vaccines are being given at Rossi North Walsham and many other places across the area, plus most in care homes have now had their first Covid jab, see posts by some surgeries on page 3 but please continue to stay at home unless you have to travel for work or essential shopping. Many local groups of volunteers are offering transport to the clinics check the numbers on page 14

Norfolk County Council's Covid Winter Support scheme can help in many ways give them a call if you need help 0344 800 8020

Amazingly Highways department continue to festoon the roads with confusing signs which then are left as obstructions long after any works have been completed!

The cliffs are very unstable please stay away from the top edge or the base the falls are quick and very dangerous

Stay in, stay safe and enjoy your Crab Tales

Liz

Please note if you are upset by any of the content, write or email we always offer right of

LOCKDOWN BREACHES SEE 65 FINED SAY NORFOLK CONSTABULARY

More than 60 people have been fined for breaching lockdown rules since Friday (15 January 2021) while 82 people have received warnings.

Fines were given for a number of reasons, including three people who had travelled from London to Norwich. The trio initially told officers they were going to hospital but following further questioning admitted they were visiting a friend in Norwich.

Other incidents included a man who had driven from Mildenhall to Scratby for fish and chips and a group of men in Norwich from different households who had been drinking together and were involved in a disturbance on the street.

Numerous fines were also issued to people who had breached rules on households mixing by allowing gatherings to take place.

Officers continue with dedicated COVID-19 patrols, targeting town centres, coastal areas and beauty spots. Last weekend (Saturday & Sunday) 31 fines were issued along with 96 warnings while on Thursday (14 January), 13 fines were issued for breaches of lockdown rules.

Assistant Chief Constable Julie Wvndth said: "The overwhelming majority of people take their personal responsibility seriously in following lockdown rules. I'm grateful of this approach and we need to carry on with this effort to reduce the risk of transmission and the spread of the virus.

"However, we continue to see a minority who, despite being aware of the rules, choose to ignore them. It is these such cases where people blatantly breach the rules where we will take action.

"Officers will of course use their discretion and take account of individual circumstances but we must all remember these rules are in place to protect us all and only work effectively if we all follow them."

NORTH NORFOLK COVID RATES LOWEST IN EAST BUT STILL VERY HIGH

Covid-19 rates in the BBC East region

by council district

Area	Rate per 100k population, week to 11 January	Rate per 100k population, week to 18 January
Tendring	981.8	781.2
Harlow	1,095.7	748.8
Thurrock	1,057.7	685.4
Castle Point	966	676.1
Southend-on-Sea	760.1	587
Colchester	678.5	558.3
Norwich	632.4	524.3
Braintree	789.6	520.3
Chelmsford	762.9	507.9
Great Yarmouth	526.5	501.3
Basildon	794.9	498.4
Epping Forest	804.2	496.6
Maldon	651.5	468.2
Ipswich	641.3	463.8
Breckland	507.3	458.7
England	564.3	452.5
Rochford	603.2	451
Broadland	525.3	419
King's Lynn and West Norfolk	440.6	407.6
Uttlesford	491.9	392.2
East Suffolk	419.7	368
Brentwood	602.4	367.4
Babergh	473.7	344.4
South Norfolk	369.8	335.7
West Suffolk	372	300.5
Mid Suffolk	334	297.4
North Norfolk	319.5	273.8

Source: Gov.uk dashboard



Don't Panic Computers

"THE COMPUTER SAYS I NEED TO UPGRADE MY BRAIN TO BE COMPATIBLE WITH ITS NEW SOFTWARE."



**Who's in Charge?
You or Your Computer.**

Naughty Computers brought to Heel!

PC, LAPTOP & TABLET REPAIRS & UPGRADES NEW & RECON
PC'S, LAPTOPS & TABLETS SUPPLIED, INSTALLED & SETUP
DATA RECOVERY + SECURE WIPE & DISPOSAL SLOW
INTERNET SPEEDS RESOLVED SWAP INTERNET
PROVIDER WITH FULL SUPPORT TUITION PRINTER ISSUES

DON'T PANIC CALL ROBERT ON...

01692 773512 or 07795 197593

UK
CORONAVIRUS
SCAMS



Action Fraud



Coronavirus vaccine scams

Coronavirus vaccinations are free of charge. The NHS will never:

- ask for your bank account or card details
- ask for your PIN or banking passwords
- arrive unannounced at your home to administer the vaccine
- ask for documentation to prove your identity, such as a passport or utility bills

OFFICIAL

Covid infection rates in North Norfolk continue to be low in relation to the rest of the BBC East region. The rates themselves however are still high inspite of reflecting the good compliance in the region which is boosted by the elderly demographic which has shown itself to be very wary of the virus and therefore keen to self isolate.

There is no cause for complacency in the figures as many who live in our beautiful area are the very group which could expect to find it hardest to fight the virus and more likely to require medical intervention so the advice is very simple. Follow the Government guidelines as you are doing and encourage others to do the same.

THE VACCINATION PICTURE

*Cromer Group Practice 22 Jan 8.37pm
another 787 Pfizer vaccines given today at
Rossis!*

*Nearly all of the Care Homes are now done too,
with more vaccines being given over this
weekend and should be completed by this
Sunday. We will then start housebound
vaccinations. We have about 200 of these to
do.*

*We will publish figures next week of how we are
doing in each group once our reports have
updated.*

*Initial reports suggest we have now vaccinated
the vast majority of our patients aged over 80.*

*We have been able to do patients from the
over-75 years group today too*

Thank you to our fantastic Team once again!

*Thank you so much to our fabulous volunteers
too, we couldn't do it without you!*

Sheringham Medical Practice 23 Jan 2021

*We are happy and proud to have had a very busy time
vaccinating patients every day this week. Another 582
vaccinations given yesterday at Sheringham Health
Centre and a similar number booked for today.*

*We are delighted that following yesterday's clinics, over
80 per cent of our over 80s have been vaccinated. The
remainder are mostly housebound who have booked
appointments for next week. We will be vaccinating
about 150 housebound patients in their homes.*

*Nearly 80 per cent of our 74-79s have also had the
vaccine and that figure will increase with today's clinic,
where we are also vaccinating some of our 70-74s and
Clinically Extremely Vulnerable patients.*

*All our Residential Care and Nursing homes patients
and staff have also been vaccinated or offered the
vaccine.*

*We will update you further after today's clinic but this is
really good news.*

*Aylsham and District
Care Trust 19 Jan
Our volunteer car
drivers on standby to
take people to have
their Covid 19 vaccine.
Please call if we can
help with transport -
01263 733385.*

**Mundesley Medical
Centre**

****Coronavirus Vaccine
Update ****

*We are pleased to say that
we have visited all our care
homes this week to give
the residents and staff
their vaccinations.*

STEVE BAILEY SERVICES
Fencing·Gates·Sheds·Trellis
SUPPLIED AND INSTALLED
REPAIRS AND REPLACEMENTS OF BROKEN POSTS & PANELS
REFELTING AND REPAIRING OF
SHEDS & SUMMERHOUSES etc
 40 Randall Crescent Cromer Norfolk NR270FD
Tel: 07900 988280
 stevebaileyesq@icloud.com

Carpet & Upholstery Cleaning
 Latest equipment used for superior results
 Over 30 Years experience
 We also provide a **Window Cleaning Service**

Apollo Cleaning Stuart Thomson
 01263 515850 /
 07770811912 E: apollocleaners@aol.com
 W: apollocleaningcromer.co.uk

Lady Gardener & AI
Pond cleaning, all gardening,
jobs considered, maintenance
or one offs.
07940 039243
07768 170489

W.G. STEVENSON
PLASTERING CONTRACTOR
 High Quality Work, Friendly Professional Service
 All Aspects of internal & external plastering
 & rendering, new builds, renovations
 and period restoration work.

GREG STEVENSON TEL: 07867 777938
WEB: www.wgstevensonplastering.co.uk
EMAIL: wgstevenson@gmail.com

North Walsham Windows & Glazing Ltd
 For all your glass & window requirements
 All glass types stocked
 Full glazing service
 Discount UPVC Windows
 Now doing slimline sealed units
 Replacement sealed units
 Glass cut while you wait
 UPVC windows & fittings repair service

Unit 13 Douglas Bader Close, North Walsham
Tel: 07495 689298 email: nwglaing@btconnect.com

Brians Handyman Services
 Painting & Decorating / Tiling / Woodwork / Assembling Flat Packs
 Odd Jobs etc / Putting Up Shelves / Curtain Poles & Pictures
 Small Electrical / Changing Light Switches, Sockets & Fittings
 Clearing & Repairing Gutters / Small Plumbing Work
 Fencing & Gatework & Lots More.

NO JOB TOO SMALL. NO OBLIGATION. FREE ESTIMATES.
Call Brian Anytime : 01263 768280
Mob 07789 634 817

Anderson Plumbing
 All plumbing work, bathroom and kitchen
 installations undertaken, tap repairs, blocked
 drains, blocked toilets, overflowing cisterns,
 overflows, burst pipes, showers, immersion
 heaters, radiators, wall and floor tiling,
 guttering, new installations. Free quotations.

Hilton Anderson
 Proprietor
 Tel: 01263 805055
 Mobile: 07939316154
 hilton@anderson-plumbers.co.uk
 www.anderson-plumbers.co.uk

LAMING LANDSCAPE CONSTRUCTIONS

Garden Walls, Brick Repairs, Patios, Fencing,
 Brickweave Paths, Concreting, Decking,
 Hedge Cutting, Digger Work, Soakaways, Drainage,
 Turfing, Artificial Grass
FRIENDLY & RELIABLE

TEL: 01263 838904 Mob: 07795 807354
 E: williamlaming76@gmail.com W: www.lconstructions.co.uk

JUST FOR FUN ... HOW TO GIVE YOUR CAT A PILL



- 1) Pick cat up and cradle it in the crook of your left arm as if holding a baby. Position right forefinger and thumb on either side of cat's mouth and gently apply pressure to cheeks while holding pill in right hand. As cat opens mouth, pop pill into mouth. Allow cat to close mouth and swallow.
- 2) Retrieve pill from floor and cat from behind sofa. Cradle cat in left arm and repeat process.
- 3) Retrieve cat from bedroom, and throw soggy pill away.
- 4) Take new pill from foil wrap, cradle cat in left arm, holding rear paws tightly with left hand. Force jaws open and push pill to back of mouth with right forefinger. Hold mouth shut for a count of ten.
- 5) Retrieve pill from goldfish bowl and cat from top of wardrobe. Call spouse from garden.
- 6) Kneel on floor with cat wedged firmly between knees, hold front and rear paws. Ignore low growls emitted by cat. Get spouse to hold head firmly with one hand while forcing wooden ruler into mouth. Drop pill down ruler and rub cat's throat vigorously.
- 7) Retrieve cat from curtain rail, get another pill from foil wrap. Make note to buy new ruler and repair curtains. Carefully sweep shattered figurines and vases from hearth and set to one side for gluing later.
- Wrap cat in large towel and get spouse to lie on cat with head just visible from below armpit. Put pill inside end of drinking straw, force mouth open with pencil and blow down drinking straw.
- 9) Check label to make sure pill not harmful to humans, drink 1 beer to take taste away. Apply Band-Aid to spouse's forearm and remove blood from carpet with cold water and soap.
- 10) Retrieve cat from neighbour's shed. Get another pill. Open another beer. Place cat in cupboard, and close door onto neck, to leave head showing. Force mouth open with dessert spoon. Flick pill down throat with elastic band.
- 11) Fetch screwdriver from garage and put cupboard door back on hinges. Drink beer. Fetch bottle of scotch. Pour shot, drink. apply cold compress to cheek and check records for date of last tetanus shot. Apply whiskey compress to cheek to disinfect. Toss back another shot. Throw Tee shirt away and fetch new one from bedroom.
- 12) Call fire Brigade to retrieve the f----- cat from tree across the road. Apologize to neighbour who crashed into fence while swerving to avoid cat. Take last pill from foil-wrap.
- 13) Tie the little b**tard's front paws to rear paws with garden twine and bind tightly to leg of dining table, find heavy duty pruning gloves from shed. Push pill into mouth followed by large piece of steak filet. Be rough about it. Hold head vertically and pour 2 pints of water down throat to wash pill down.
- 14) Consume remainder of Scotch. Get spouse to drive you to the emergency room, sit quietly while doctor stitches fingers and forearm and remove pill remnants from right eye. Call furniture shop on way home to order new table.
- 15) Arrange for RSPCA to collect "mutant cat from hell" and call local pet shop to see if they have any hamsters.

MORE THAN 80 PEOPLE WERE ARRESTED IN NORFOLK DURING THE ANNUAL CHRISTMAS CAMPAIGN HIGHLIGHTING THE DANGERS OF DRINK AND DRUG DRIVING.

The month-long initiative, which began on Tuesday 1 December and ended on Friday 1 January, ran in conjunction with a UK-wide operation led by the National Police Chiefs' Council. It saw officers carrying-out roadside checks throughout the day and night, as well as intelligence-led enforcement activity. This year, 46 drivers provided positive readings, while eight people failed to provide a specimen and four people were arrested for being unfit to drive through drink and drugs. A total of 86 motorists were arrested as a result. Meanwhile, 28 people failed roadside drug tests.

HISTORIC ENGLAND IS CONDUCTING THE FIRST DETAILED STUDY OF THE BUILDINGS OF NORTH WALSHAM'S HISTORIC TOWN CENTRE AS PART OF THE NORTH WALSHAM HIGH STREET HERITAGE ACTION ZONE
SHARE YOUR PHOTOGRAPHS, INFORMATION AND MEMORIES TO HELP HISTORIC ENGLAND'S ARCHITECTURAL INVESTIGATORS UNCOVER THE RICH HISTORY OF NORTH WALSHAM
THIS DETAILED STUDY WILL INSPIRE AND INFORM THE REVITALISATION OF NORTH WALSHAM AND CELEBRATE THE TOWN'S UNIQUE CHARACTER




Historic England is working in partnership with North Norfolk District Council to revitalise North Walsham's

historic town

centre, including the Market Place and Market Cross.

To inform and inspire this exciting High Street Heritage Action Zone project, Historic England's Architectural Investigators are carrying out detailed research and analysis of the historic town centre of North Walsham – and they need your help!

North Walsham has a rich character, fascinating history and fine architecture.

Despite the town's significance, its buildings have not been the subject of

detailed historic study until now. Historic England's Architectural Investigators will explore the historic buildings and architectural development of North Walsham and delve into archives to produce a Historic Area Assessment, creating a greater understanding of the town centre and a firm evidence base for future planning and improvement decisions. Historic England's Architectural Investigators are keen to hear from anyone with historic photos or information, particularly relating to the buildings in and around the Market Place and Market Street, including any early or unusual features.

Dr Emily Cole, Senior Architectural Investigator for Historic England, said: "We're excited about the possibility of uncovering knowledge, memories, photographs and documents that will tell us more about North Walsham's buildings and reveal the town's fascinating past. We're really hoping this will give us a great opportunity to engage with and chat to residents and locals about the town's history. This indepth survey, the first of its kind for North Walsham, will help the High Street Heritage Action Zone to revitalise the heart of the town and will increase appreciation of its unique character."

To share your historical and architectural gems, please contact Jenni Jordan, North Walsham High Street Heritage Action Zone Project Manager, by March 1 2021:

northwalsham.hshaz@north-norfolk.gov.uk

Jenni is working closely with the Historic England Architectural Investigator team and would love to hear from local people about this project and encourage them to get involved in bringing the heritage of North Walsham to life.

Cllr Richard Kershaw, North Norfolk District Council's Portfolio Holder for Sustainable Growth, said: "The Council is so pleased to be working with Historic England on this exciting project and I encourage residents to contribute by submitting items of interest and help put North Walsham on the map as the vibrant, fascinating town it is."

North Walsham High Street Heritage Action Zone

The North Walsham High Street Heritage Action Zone has been awarded £975,000 by the government-funded High Street Heritage Action Zones project delivered by Historic England. Additional funding from the government of £1.17m has been invested by the New Anglia Local Enterprise Partnership as part of the Getting Building Fund.

North Walsham has a rich architectural history stretching back to the medieval period, and strong associations with Nelson and the Paston family. The Grade II listed Paston College was founded 400 years ago and its famous alumni include Admiral Horatio Nelson and Stephen Fry.

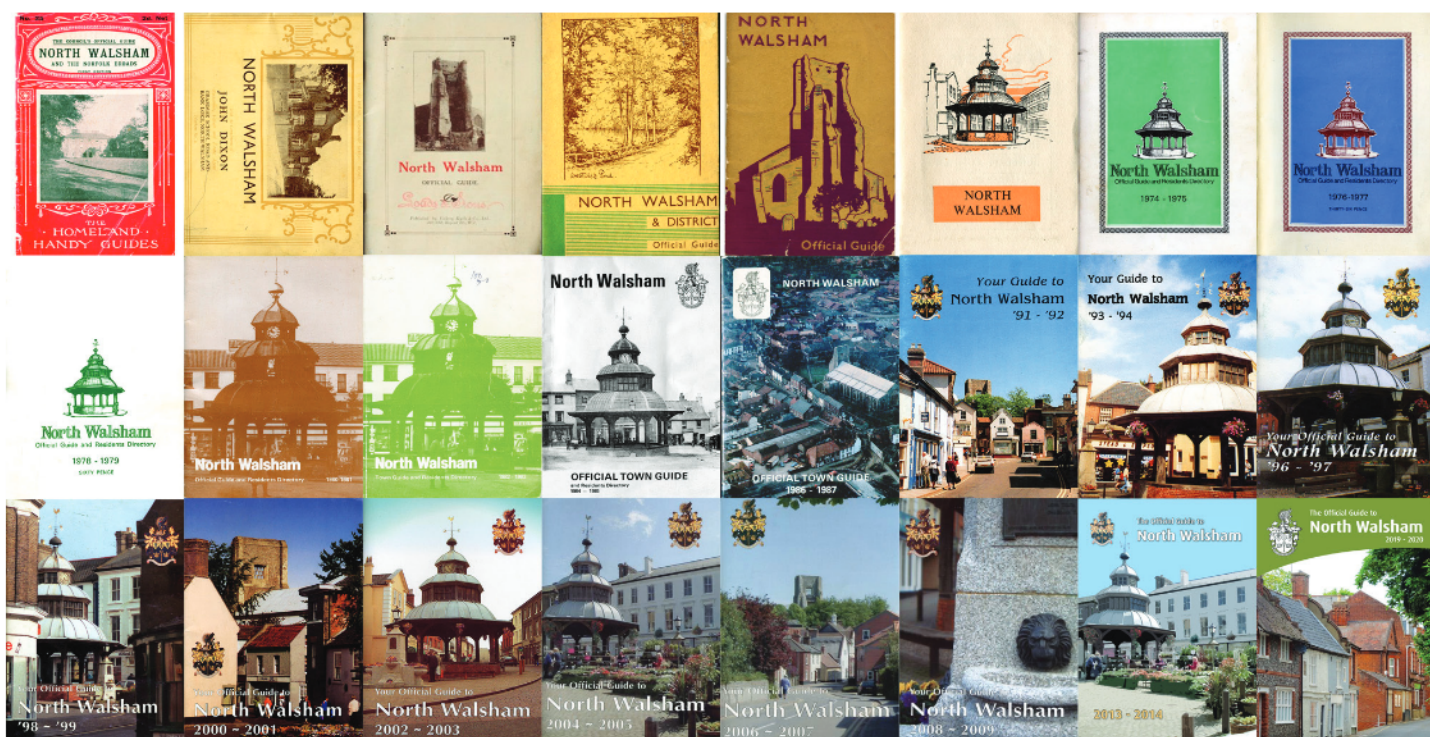
The High Street Heritage Action Zone is focused around the medieval market place and the Grade I listed Market Cross. Historic buildings in this area include some with beautiful Dutch gables.

The North Walsham High Street Heritage Action Zone aims to create a genuine sense of pride and ownership in North Walsham as a place to live, learn, work and visit. The long term sustainability and resilience of the High Street will act as a catalyst for further regeneration, making the town visually more attractive and showcasing its historic character. Cultural and community activities will support the local economy, increase footfall and improve wellbeing.

The scheme will see the restoration and repurposing of historic buildings, including the former town council offices at the Cedars, a key heritage site at the entrance to the High Street. It will improve the public realm, reducing traffic and making improvements to the market place area at the heart of North Walsham.



Peterborough has been voted as the worst place to live in the UK, closely followed by Huddersfield and Liverpool. The list of Britain's top 50 worst towns was compiled by the comedy website I Live Here, which says of Peterborough: "You feel totally isolated from the rest of the world and life in general, as though everything else is going on and you're not part of it as you're stuck in this dump."



DON'T MISS OUT!!!

The "Official North Walsham Town Guide 2021-2022" is now being planned on behalf of North Walsham Town Council to be printed and distributed around Easter 2021.

If your non-profit association or club was included in the last edition we would be grateful if you could check the details are correct and inform us of any changes required. If it wasn't in the last edition and you would like to be included then please provide us with the name of the organisation, your name and position in the organisation, the age group served (if applicable), complete contact details and a brief description of the objectives of your organisation.

If you have any suggestions for inclusion in the new guide or corrections to previously published information we would love to hear your views and welcome your suggestions for consideration.

The previous edition of the Town Guide was the biggest guide in its 100+ year history. 144 pages packed with more information and photographs than ever before. Full colour throughout for the first time ever and 10,000 copies professionally litho printed, locally on quality paper sustainably sourced. Distributed to all homes in North Walsham and available from over 50 distribution points in the area including The Post Office, The Library, The Community Centre, The Council Offices, St Nicholas' Church, Estate Agents (for new residents) and many shops, pubs and restaurants in the area, all for free. The complete guide is also available online, for free, both in printed form (with small postage fee) and digitally making it available worldwide. The guide is also backed up with an online directory version at www.northwalshamguide.co.uk and a Facebook page for updates.

We'd also love to hear from businesses in the area who would like to place an advert. This is a real community project and it's the advertisers that make it possible.

Any information must be submitted in writing. You can send via any of the following methods..

Email to: copy@northwalshamguide.co.uk

Post to: Wayne Beauchamp, North Walsham Town Guide, The Barn, Mitre Tavern Yard, North Walsham, Norfolk NR28 9BN

Through our website: www.northwalshamguide.co.uk Via our Facebook page: [northwalshamguide](https://www.facebook.com/northwalshamguide)

The deadline for all copy is Friday 12th February.

Complete details of the town guide, including information about the town guide's history, a full digital version of the previous edition, advertising rates, etc. can all be found at www.northwalshamguide.co.uk under the "Printed Guide" section.

HORSEY GAP CAR PARK CLOSURE 15TH JAN

Horsey's coastal car park and access road has been closed in a bid to deter visitors. In the last week, five people from Hertfordshire, Northamptonshire and Essex, have been fined for being in breach of lockdown regulations for visiting the beauty spot to see the seals.



Following discussions with local officers and the environmental health team at North Norfolk District Council, Horsey Estate which operates the car park has agreed to close it.

Robin Buxton, from the Horsey Estate, said: "We all have a part to play in keeping people safe and following discussion with the police and council, we're happy to close the car park to deter people from visiting."

JUST FOR FUN

My neighbours a bit nutty. I saw her talking to her cat today. It was obvious that she thought the cat understood every word. When i got home i told my dog everything..... we laughed!



GARAGE DOOR REPAIRS - call 01362 690 290
 for prompt expert service - ALL AREAS COVERED
 *Repairs & Spares *New doors supplied & installed

REMOTE CONTROL SYSTEMS
 ADDED TO EXISTING
 PLEASE CALL US FOR A FREE QUOTATION

Anglia Door Services Norfolk
 EST. 1975
 Tel & Fax: 01362 690 290

Chimney Sweep
 'Jones the Sweep'
**STOVES, OPEN FIRES
 AND SOLID FUEL APPLIANCES.**

Telephone Harry on 01263 833 362
Mobile Phone on 07799 484 012

GUILD OF MASTER SWEEPS

VERY BAD NEWS FOR BEES WARNS NORFOLK WILDLIFE TRUST

Norfolk Wildlife Trust is alarmed to learn the Government has agreed the use of a highly damaging pesticide - neonicotinoid thiamethoxam - for the treatment of sugar beet seed in response to beet yellows virus. Neonicotinoids are banned across Europe over concerns that they kill bees and other pollinators. In 2017, the UK Government supported restrictions on the neonicotinoid pesticides across the European Union. The Environment Secretary at the time, Michael Gove, gave a commitment to maintain these restrictions post-Brexit unless the scientific evidence changed.

Norfolk Wildlife Trust considers there needs to be a significant reduction in the use of pesticides, particularly insecticides with this level of effect.

Say no to neonics - Please sign the petition to ask the Prime Minister to use his powers to overturn the authorisation for the emergency use of thiamethoxam, and halt this backwards slide for nature.

To sign the petition visit,

<https://action.wildlifetrusts.org/page/74049/data/1>



Chief Executive of Norfolk Wildlife Trust, Pamela Abbott said: "The evidence of the devastating impact this group of pesticides is having on our wildlife is growing, as is public awareness of the associated ecological crisis. Hundreds of

thousands of people came together across Britain over the last decade to call for better protection of our bee populations, and for these highly toxic pesticides to be banned.

"To reverse the decline of insects and allow them to thrive once more, we urgently need to reduce the use of pesticides and start to build a nature recovery network by creating more and better connected, insect-friendly habitat.

"We need urgent action to restore the abundance of our insect populations and this is an alarming move which will destroy the species we all depend on for the health of our natural world."

Insects perform vital roles such as pollination of crops and wildflowers, and nutrient recycling, but so many have suffered drastic declines. Evidence suggests a loss of at least 50% of insects since 1970, and 41% of all insect species are now 'threatened with extinction'.

Norfolk Wildlife Trust will continue highlighting the ecological impact, centred around our Action For Insects campaign.

jb Postle
 electrical retailer

Back instore from June 15th

instore · online · mobile
 we deliver · we install · we care

follow us @jbpostle
 f o i

01263 512134 Stores in :
 AYLHAM
 CROMER
 NORTH WALSHAM
 SHERINGHAM

Blomberg seit 1883
 euronics

www.jbpostle.com
 click and collect available

Bluewater Plumbing
 'All Plumbing and Heating.
 From a dripping tap
 to full installations.'

GAS safe

SPECIAL OFFER : Gas Boiler Service £49.00

Nick Hield, Rosedale, Cromer Road,
 Roughton, NR11 8PF

01263 519234 or
 mobile 07789173096

bluewaterplumbingnorfolk@gmail.com

**SEASONED
 HARDWOOD LOGS**
LOADS FROM £50
PHONE FOR DETAILS
07801 469719

HART LOCKSMITHS
01692 218369 07733334358
 Upvc specialist.. Domestic..commercial
40 YEARS EXPERIENCE

Goldfinch Grave Tending - North Norfolk

Local service providing general upkeep & respectful visits of your loved ones resting place on your behalf. 'One-off' visits or planned schedules for special dates or anniversaries available.

T: 07485 555 882
 E: goldfinchgt@outlook.com
 W: goldfinchgravetending.co.uk

the fact that there's a highway to hell and only a stairway to heaven says a lot about anticipated traffic numbers

MUNDESLEY W.I

One of our members, Di Barnes, had earlier suggested an idea for a competition. Each member had an envelope with a disposable facemask put through their doors with instructions inviting them to decorate the mask using any medium they chose. The prize would be a £20 voucher for Mundesley Butchers. When Kim went to purchase the voucher the owner of Mundesley Butchers kindly offered to go halves with us on the cost. How lovely was that? Our judge was to be Heather Jeary a member of the WI Board of Trustees Norfolk Federation. Heather is also an official WI judge so we knew we were in good hands. 17 members took part and our winner was Joan Walker. Photo shows Joan wearing her mask and receiving her prize. Photos of all 17 entrants can be found on our website www.mundesleywi.org.uk/decorative-face-mask



CROMER IN THE SNOW : 'KIND



01263 76 11 22

**CROMER ROAD, ERPINGHAM,
NORWICH, NORFOLK, NR11 7QE**

Mitchel & Siri invite you to taste the
flavours of Thailand in Norfolk



Call us to place an order for collection

TO SEE OUR MENU JUST PUT SUGARHUTCAFE.UK INTO YOUR BROWSER

EAT IN OR TAKE AWAY

We accept card and cash payments

Take away 6 days/week

Enjoy eating in (when lockdown restrictions allow)

**You will find us on
the A140 between
Roughton and
Alysham near to
Alby Crafts and
next to the Service
Station**



OPENING HOURS

Monday:	5pm-8pm
Tuesday:	Closed
Wednesday:	12am-3pm & 5pm-8pm
Thursday:	12am-3pm & 5pm-8pm
Friday:	12am-3pm & 5pm-9pm
Saturday:	12am-3pm & 5pm-9pm
Sunday:	5pm-8pm



We can thank Minors and Brady Photographer Brad Damms at braddammsphotography for these stunning images.

CAMPAIGN FOR MENTAL HEALTH SERVICES IN NORTH NORFOLK JANUARY 11TH 2021

'I am very depressed and anxious'

'I was supposed to be transferred to someone but I have just been left to fend for myself'

'(Services are) very slow, excellent but (there is) not enough support for people alone like me'

'(We need) normality and services being available to those that need them. It wasn't available pre-Covid and is much worse now as people's mental health has deteriorated due to the pandemic'

These are just a few of the responses received from people in North Norfolk with mental health issues, after a questionnaire was circulated by the Campaign for Mental Health Services in North Norfolk last month, on the impact of the Covid-19 pandemic on mental health.

These initial responses confirm what the Campaign has been saying since it was founded two years ago: that mental health services in North Norfolk are woefully inadequate, have suffered greatly from years of underfunding and cuts, and the pandemic has brought mental health to crisis point in our area.

There is a great fund of goodwill in North Norfolk, with excellent voluntary initiatives such as Share As One in Cromer and the proposed Men's Sheds, although inevitably Covid-19 has affected how such initiatives can operate.

But the voluntary sector alone cannot shoulder the burden of the mental health crisis! We desperately need investment in professional, NHS mental health services in North Norfolk, now more than ever. Moves are under way to develop such services through 'community hubs', and we know our MP, local councillors and NHS organisations are developing such moves, but we cannot afford to wait!

The Campaign for Mental Health Services in North Norfolk is widening its campaign for a walk-in crisis and mental health assessment centre, for GP-based mental health provision, and for strong community support.

If you want to respond to the questionnaire, it can be accessed at <https://forms.gle/9Whg896xYmcz6RN59>

If you want to contact our Campaign please email nnmentalhealthcrisis@gmail.com . We meet monthly online, our next meeting will be on Monday February 1st at 7 pm

'NEVER YET WAS A SPRINGTIME WHEN THE BUDS FORGOT TO BLOOM'

Extra Hands

Providers of Care in Norfolk

Recruiting now for
Social Carers in this area



Join Our
Award
Winning
Company!



For more information please call
01263 712686 or visit our website.

Help make a difference
within your community



Tel: 01263 712686

www.extrahandshomecarenorfolk.co.uk

Sims Foot Clinic
Clinic Appointments
£20

13 Mundesley Road
North Walsham

For Appointments
07592 654329

Fox's

FUNERAL SERVICES

*F*acing the loss of a loved one whether it is expected or sudden is the most difficult time for families. There are so many questions, so many decisions, so much to take in when you are possibly at your lowest ever.

At your time of need we are here to help you, quiet guidance, gentle words and our professional knowledge will help you make the right decisions for you and your family.

01263 512427

Dignity
CARING FUNERAL SERVICES

10 CANADA RD
CROMER
NORFOLK
NR27 9AH

Part of Dignity plc. We provide safe, secure pre-need funeral plans

MORRISONS COMMUNITY NEWS UPDATE

Monday 18th
Jan 2021

Here are some
of the
highlights -

We finally received

*our 100
CLICSargent
Keyrings ready to
sell for £2 each in
the leadup to
Feb 4th World
Cancer Day*

*Thanks you to
everyone who has
donated more
lovely books last
week to our
#CLICSargent
#Bring&Buy*

C. W. PAVING LTD

BLOCK PAVING SPECIALIST

ALL TYPES OF:

BRICKWEAVE - TARMAC - CONCRETE
TAR & CHIPPINGS - SHINGLES
PATIO & GARDEN WALLS - LANDSCAPING
DECKING & FENCING - SHED BASES - DRAINAGE
ALL BUILDING WORK UNDERTAKEN
NO JOB TOO SMALL - ALL WORK GUARANTEED

TEL: (01603) 411090

FREE ESTIMATES
www.cw-paving.co.uk

*#PrelovedBookStall
which has been very popular with
quarantined books from just 25p each.
Topped up (after a busy weekend of
donations) another 18x £3 #PickUp
#BagsOfKindness for 2
#LocalFoodhubs by filling much needed
items of 6 bags of cleaning products & 6
bags of toiletries products & 6 bags of
Children's treats.
Delivered all 6 #DoorstepDeliveries to
our Vulnerable Customers all over
North Norfolk. *Please ring 0345 611
6111 option 5 for next day delivery.
*Conditions apply optional delivery
charge.*

#Morrisons #LoveCromer #ThankYou
#LoveNorthNorfolk
#FeedingTheNation
#ItsMoreThanOurJob



PALEONTOLOGISTS DISCOVER 'PERFECT' DINOSAUR BUTTHOLE

The butthole belongs to a Psittacosaurus, a Labrador-sized relative of the triceratops. It's the first soft tissue of its kind discovered. Scientists discovered a perfectly preserved dinosaur butthole on the fossilized remains of a Psittacosaurus in China. The Labrador-sized dinosaur was a distant relative of the Triceratops. Both lived during the Cretaceous period. That means this particular butthole has been around for about a hundred million years.

We are the Workforce

**East Anglia Workers
Coronavirus Support Group**

Public online meeting:

Covid and the Crisis in Mental Health

Speakers:

Iain Ferguson
Professor of social work and social policy, co-founder of the social work action network - University of the West of Scotland and author of "Politics of the Mind"

Caroline Aldridge
Author of "He Died Waiting" and local campaigner

Elizabeth
Local campaigner

Beatrice Bray
Local campaigner

**Tuesday 2 February
@7pm via Zoom**

827-8275-8974 355243

Campaign to save Mental Health services in Norfolk & Suffolk.

ABBEY PETS

Crematorium & Remembrance Gardens
Beeston Regis, Sheringham (Est 1989)

Individual Cremations

Cats from £85 Dogs from £95

Collection Service Available

Contact us 7 days a week, 24 hours a day on
01263 825960 or 01603 720777
www.abbey-pets.co.uk
All major credit cards accepted

"VACCINATION PROGRAMME FOR CARE HOMES MUST MOVE FASTER"

Two Norfolk County Councillors are demanding a faster roll-out of Covid-19 vaccinations in the County's care homes.

At the Council's Cabinet meeting this morning, Alexandra Kemp, Independent Councillor for Clenchwarton and Lynn South, asked whether all care homes had now had vaccinations delivered but this has not yet been achieved.

Ed Maxfield, Independent County Councillor for Mundesley, also says bureaucracy must not get in the way. He comments:

"I asked about the roll-out over a week ago and was told the NHS was putting together its plans. The reply to Councillor Kemp says care homes have to fill in forms showing the number of staff and residents before the NHS decides which care homes are dealt with first. Surely it would be better to just get stuck in and deliver the vaccination

programme as quickly as possible to care homes? Information is available publicly about the number of residents each home can have, it would have been simpler to use that to decide where to go first."

AS OF 22/01/21 IT WOULD APPEAR THAT SOME CARE HOME WORKERS ARE STILL AWAITING DATES FOR VACCINATIONS

Kilnview
BOOKKEEPING & ACCOUNTS

How can we support your local, independent business?

- Bank Reconciliation
- Budgeting
- Cashflow
- Payroll
- VAT
- and more...

Call Rob or Kate today
01263 720878 kilnview.co.uk

PREPARE YOUR BUSINESS FOR LIFE AFTER LOCKDOWN

Facebook

UNUSUAL PLANT SPECIES DISCOVERED ALONG NORTH WALSHAM AND DILHAM CANAL

A number of unusual plant species rare to Norfolk have been found along the banks of the North Walsham and Dilham Canal, it has been announced. Plants including Sea Milkwort,

Red Maids, White Melilot, Balkan Spurge and Bifid Hemp-nettle are rare to the North Walsham area, and some to Norfolk more widely, but have recently been documented along the banks of the local canal.

Suki Pryce, Wildlife Officer for the North Walsham and Dilham Canal Trust, which works alongside land-owners to restore and manage the canal, has been recording plants along the waterway since 2017, assisted by the Norfolk Flora Group. Nearly 400 plant taxa have been found in the approximately four-mile stretch of restored canal.

Suki, whose findings are set to be published in the Botanical Society of Britain and Ireland (BSBI) Newsletter, speculates that the diverse soil substrates found on the canal, brought in from a range of sources to raise and restore the canal embankments, is where most of these alien species originate.

"You never know what you're going to find", Suki commented. "Every walk along the Canal is like a treasure hunt. It's been very intriguing to discover species that are more common to urban areas or species usually found in sand dunes along the coast. Some unusual species survive year after year and really thrive along the canal. Others arrive, and then disappear, only to return again a couple of years later – it's hard to fathom."

Regular plant surveying continues along the canal and volunteers are always welcome, with more information available at nwdct.org and norfolkflora.org.uk.

Barn Owl with prey, Lessingham, Eden Unwin, 2 Jan 2021, NWT



SUNRISE SUNSET CROMER JAN/FEB 2021

Day	Dawn	Sunrise	Sunset	Dusk
<u>29</u>	07:07	07:44	16:43	17:20
<u>30</u>	07:05	07:42	16:45	17:21
<u>31</u>	07:04	07:41	16:46	17:23
<u>1</u>	07:03	07:39	16:48	17:25
<u>2</u>	07:01	07:37	16:50	17:26
<u>3</u>	07:00	07:36	16:52	17:28
<u>4</u>	06:58	07:34	16:54	17:30
<u>5</u>	06:56	07:32	16:56	17:31
<u>6</u>	06:55	07:31	16:57	17:33
<u>7</u>	06:53	07:29	16:59	17:35
<u>8</u>	06:52	07:27	17:01	17:37
<u>9</u>	06:50	07:25	17:03	17:38
<u>10</u>	06:48	07:23	17:05	17:40
<u>11</u>	06:46	07:22	17:07	17:42



Equipment and Clothing
Ian Cutts

34 Church Street Cromer Norfolk NR27 9ES

@icsportscromer
ic@icsportscromer
icsports_norfolk



CROMER TIDES JAN/FEB 2021

	HW AM	HW PM	LW AM	LW PM
29 Fri	06:54 4.7	19:02 4.9	01:22 1.0	13:30 1.1
30 Sat	07:35 4.8	19:39 5.0	02:05 0.8	14:08 1.0
31 Sun	08:16 4.9	20:17 5.1	02:46 0.7	14:45 1.0
1 Mon	08:59 4.8	20:56 5.1	03:27 0.7	15:22 1.0
2 Tue	09:42 4.7	21:38 5.0	04:05 0.7	16:00 1.1
3 Wed	10:27 4.6	22:25 4.9	04:45 0.8	16:41 1.2
4 Thu	11:18 4.3	23:20 4.7	05:28 1.0	17:30 1.4
5 Fri		12:16 4.1	06:21 1.2	18:29 1.6
6 Sat	00:29 4.4	13:29 4.0	07:27 1.4	19:45 1.8
7 Sun	01:57 4.3	14:49 4.0	08:48 1.6	21:14 1.7
8 Mon	03:26 4.3	16:00 4.2	10:09 1.6	22:37 1.5
9 Tue	04:38 4.4	16:57 4.4	11:12 1.4	23:48 1.2
10 Wed	05:35 4.6	17:44 4.7		12:06 1.3
11 Thu	06:22 4.7	18:24 4.9	00:51 0.9	12:52 1.2

THE DIFFERENCE BETWEEN DOGS AND CATS

*A dog thinks:
Hey, these
people I live
with feed me,
love me, provide
me with a nice
warm, dry
house, pet me
and take good
care of me...
THEY ARE
AMAZING!
A cat thinks:
Hey, these
people I live
with feed me,
love me, provide
me with a nice
warm, dry
house, pet me
and take good
care of me....
I MUST BE
AMAZING!*



Cromer Road, Erpingham, Norwich, Norfolk NR11 7QE

SUGAR HUT
Cafe

Thai & Chinese Menu
EAT IN OR TAKE-AWAY

01263 761122

OPENING HOURS:
6 days a week: 8am - 3pm & 5pm - 8pm
Closed Tuesdays

RITE GEAR ANGLING CENTRE

Open Wed to Sat 10 to 3.30 door service
EXPERT ADVICE & LOCAL KNOWLEDGE
QUALITY FISHING TACKLE

01263 838248

32 CROMER ROAD, WEST RUNTON, NORFOLK, NR27 9AD

SUPPORTING CRABTALES TIDES

FRESH & FROZEN BAIT
AVAILABLE
DAILY FOR
COARSE AND
SEA FISHING!

THE NEW CRAB TALES COMPETITION. SPOT THE CRAB & THE COD

**SUGAR HUT ARE OFFERING
A LUNCHTIME MEAL FOR
TWO AS THE PRIZE FOR THE
FIRST NAME OUT OF THE
HAT WITH THE CORRECT
LOCATION OF THE CRAB
AND THE COD.**

Hidden fiendishly somewhere
amongst the Adverts in this edition
are our old friends,
the CRAB
and the
COD

To enter include your name,
contact details & where you found
the crab and the cod
(page number and which ad).
Hand in at, K. Hardware in Cromer,
or post it to: Water Tower Farm,
Middle Street. Trimingham. NR11
8EA before the next issue comes
out. The first entry out of the hat
wins and the Editors decision is
final.

WINNERS OF EDITION 201

LYNN OF MUNDESLEY
FOUND THE COD IN THE
ADVERT OF ABBEY PETS ON
PAGE 11 AND THE CRAB ON
PAGE 3 IN THE ADVERT OF
DBGENEALOGY.

SUGAR HUT AT ALBY ARE
DONATING THE VOUCHER
FOR LUNCH FOR TWO
BETWEEN 8 AND 3PM DAILY
(CLOSED TUESDAYS) ENJOY
YOUR MEAL ONCE
LOCKDOWN IS OVER,
BOOKING ADVISED

- pranksters had already spliced it with footage of Shaun's lung-busting ballad. The result? A viral online hit, which has been seen by millions, and even fooled a few that the former soap star had made an inexplicable leap to musical stardom in The States. After watching the spoof clip this week, one viewer tweeted: "He's come a long way from Eastenders!" Shaun himself thinks the prank is hilarious.

BARRY FROM EASTENDERS STUNNED AS NORFOLK BOWLS BALLAD BECOMES INAUGURATION HOAX

When Shaun Williamson - or Barry from Eastenders to you and me - performed power ballad 'Something Inside So Strong' at the World Indoor Bowls Championships in Norfolk in 2014, he had no idea what he was starting. Seven years later the footage of his wholehearted performance at Hopton-on-Sea, near Great Yarmouth, has taken on legendary status and become a musical playground for online mischief-makers.

On Wednesday, hours after footage of Joe Biden's inauguration as US President was beamed around the world

Biden to take office amid pandemic and divided nation



COAST

PIZZA ~ BURGERS ~ FRIED CHICKEN ~ KEBABS

Open from 3pm to 10pm 7 days a week



TELEPHONE ORDERS WELCOME

01263 511588

23 NEW STREET, CROMER, NR27 9HP

**FREE DELIVERY ON
ORDERS OVER £10 TO:**

CROMER, SHERINGHAM, EAST
& WEST RUNTON, ROUGHTON,
NORTHREPPS, AYLMEERTON &
BEESTON REGS.

DELIVERY £3 TO:

SOUTHREPPS, BODHAM, GRESHAM,
MUNDESLEY, TRIMMINGHAM &
ANYWHERE OVER A 5 MILE RADIUS

RELAXING READS FOR STRESSFUL LOCKDOWNS

The series of Yesterday's books tells of life in a village near each of us in North Norfolk. Those fortunate to be friends of the books will know that they chronicle the story of John who in Yesterday's Loves and Laughter lived with his sister Freda in a farm cottage. He worked with his friends George, Arthur and Charlie for Mr Whitlow on his small farm. In that book Freda marries Charlie and John is left on his own. However he met Ellen and in Hearts and Homes he marries her and sets up home in his little cottage which has neither electricity nor water. One of their neighbours, Robert Dennis decides in Yesterday's Labours Lost to take over his father's smallholding and his generation sees the last of the smallholders whose lore and language has been lost. In Yesterday's Fancies and Follies, the nineteen fifties wear on and there is time and opportunity for dreams to wander into forbidden territory and a chance for smiles and gossip.

New – Yesterday's Wonders and Worries.

This is the fifth in the saga of some men who work on a farm near you and their families in the days of the nineteen fifties.

They were very different days to those we know today. They were quiet and peaceful with very few of the things we take for granted now. The people and events of the village and the surrounding area were the limits of people's experience and interests although the wider world was beginning to intrude. But in the nineteen fifties things were changing and the countryside was on the cusp of radical changes in ways of traditional life.

And now in Yesterday's Worries and Wonders the story leads on to the middle of the decade. In the quiet days of the countryside and in a village sheltered from the main highways the people and their happenings are important to all of them. Illness comes to cause worries and medical facilities and social welfare are not as they are today and people are justifiably worried. Also wonderful things happen that give rise to happiness for many. We too can share in the worries and wonders that befall characters who have become well known to us and are our friends and neighbours. If you know these books you will have become accustomed to the gentle and graphic style that recreates the nineteen fifties for us.

You may find all the five books in the shops below, or an order will be taken, each for the more than reasonable price of £7.95 each. They are unique; there's nothing else to compare with them. Could they be an indulgence for yourself or a present for someone you love? Available from Forrest's Newsagents in Stalham. The Showcase Gallery in North Walsham. Jarrolds in Cromer.

JUST FOR FUN!

A man asked his wife what she'd like for her 40th birthday. "I'd love to be six again," she replied.

On the morning of her birthday, he got her up bright and early and off they went to a local theme park.

What a day! He put her on every ride in the park: the Death Slide, the Screaming Loop, the Wall of Fear, everything there was! Wow!

Five hours later she staggered out of the theme park, her head reeling and her stomach upside down.

Right to a McDonald's they went, where her husband ordered her a Happy Meal along with extra fries and a refreshing chocolate shake.

Then, it was off to a movie - the latest Disney film...and what a fabulous adventure!

Finally, she wobbled home with her husband and collapsed into bed.

He leaned over and lovingly asked, "Well, dear, what was it like being six again?" One eye opened.

"You idiot, I meant my dress size." The moral of this story is: When a woman speaks and a man is actually listening, he will still get it wrong.

BOOKINGS TAKEN SUBJECT TO GOV. ADVICE



TRIMINGHAM HALL EVENTS
COAST ROAD, TRIMINGHAM, NR11 8HY
www.trimingham.org Facebook Trimingham Hall

Norfolk County Council

Finding this winter even harder because of Coronavirus?

We are here to help.

Norfolk County Council's Covid Winter Support scheme can help with:

- Day to day living costs including food & energy bills
- Daily essentials such as toiletries & nappies
- Food vouchers for school holidays

Find out more online or call us now
www.norfolk.gov.uk/covidwintersupport
 0344 800 8020
 Or visit your local library for help with applying

Contact us today

LOCAL COVID HELP NUMBERS

Cromer cares are 01263 512254 or Tim's mobile 07789625033 email community@cromer-tc.gov.uk
 Sheringham Community/ Befriending 07423677192 email cssheringham@gmail.com
 Mundesley- Wendy-07794624067
 Trunch Stores 01263 722072
 Overstrand Di 01263 579114
 Bacton Superstores 01692 650209
 Northrepps Gavin 01263 578271
 Trimingham Liz 01263 834965
 Walcott Community 07917 821682
 Marsham Rev David Hagen Palmer on 01603 279596 or Nicola Hibberd 01263 733557
 Aylsham Coronavirus helpline 01263 704475

HANDY NUMBERS

Coastguard 01493 851 338
 Council (County) 0344 8008020
 (District) .01263 513 811
 Doctors Aldborough 01263 768 602
 Aylsham 01263 733 693
 Cromer 01263 513 148
 Mundesley 01263 724 500
 Sheringham 01263 822 066
 North Walsham 01692 402035
 NHS 111
 Hospital Cromer 01263 513 571
 Norwich 01603 286 286
 Mundesley Visitor centre 01263 721 070
 Libraries (Closed at present)
 RSPCA 0870 555 5999
 Victim Support 0845 456 5995
 POLICE 101

SHERINGHAM SHANTYMEN RAISING SPIRITS ON TIK TOK

Coronavirus has along with all the horror thrown up many strange and often heartwarming side effects. One of these is the rise in popularity of Sea Shanties which have found a home on the music video streaming service, 'TIK TOK'. The folk songs were traditionally sung by sailors as they worked through rough conditions but now the catchy tunes are bringing people together over the internet in troubled times.

In Norfolk the Sheringham Shantymen have been going for 31 years and Covid hasn't stopped them performing.

"I think what's marvellous is that it brings the songs we sing and the music we enjoy playing to a wider audience than might otherwise have been the case.

Nigel Harrison, Chairman, Sheringham Shantymen

The Shantymen say everyone should sing because it's good for both physical and mental wellbeing.

We always suspected that far from keeping old traditions alive the Shantymen were in fact the vanguard and that the rest of the world would catch up eventually. Isn't that just so typically Norfolk.



REFLECTIONS ON THE BUST OF HENRY BLOGG AT CROMER.

Here we see the image of The greatest of our lifeboatmen - Coxswain Henry Blogg, GC, BEM, "One of the bravest men who ever lived", In the words of Lord Templewood, A friend and admirer of this unassuming fisherman. Blogg's bust sits high on the clifftop, Looking out towards the boathouse And far across the German Ocean.

On a sunny, summer day The sea seems as calm as a millpond, And it is difficult to visualise Other scenes of chaos and confusion

As mountainous seas, whipped up by gales, Break upon this windswept shore.

Stories of many men saved From numberless wrecks - 'Fernebo', 'Georgia', 'Monte Nevoso', 'Sepoy' and 'English Trader' - All have thrilling tales to tell.

Blogg served in the Cromer lifeboat From 1894 until he retired in 1947 - An outstanding fifty-three years.

Together with his gallant crew He saved an incredible 873 lives. His own life was not without sorrow And he was much acquainted with grief,

Losing two children, a brother, three Nephews and his devoted wife Before his own passing in 1954.

Thousands attended his funeral At Cromer's splendid parish church

On that day in June, When the whole town Came to a standstill To honour her finest son.

The quiet, humble, self-effacing Blogg

Lies peacefully in the cemetery on Holt Road,

Far from the scene of his former triumphs.

His heroism and self-sacrifice is the stuff of legend, And his name must never be forgotten.

January 2021. Tim Hurst-Brown.

Dear Editor,

It is sad to read in the papers, from some letter writers, that they are unhappy about what they regard as aggressive or rude interviewing of Conservative Ministers by the brilliant Andrew Marr of the the BBC.

There does seem to be a pattern to them.

They really do need to wake up and smell the coffee. The likes of Andrew Marr, and indeed local reporters, are the bulwark against lying, manipulative and inadequate Conservative Ministers. These people trot up to be interviewed with a well fashioned script and, as a matter of course, hardly ever answer a question with a straight answer. Talented interviewers, like Andrew, are too long in the tooth to be taken in by them.

Question time in Parliament is a disgrace! Keir Starmer, as opposition leader, asks a straightforward question and Boris Johnson visibly squirms, narrows his eyes, looks at the Conservative backbenchers before ignoring the question and launching into a totally irrelevant oration attacking the opposition. He so reminds me of ex president Trump when he does that.

Matt Hancock was interviewed on Piers Morgan on the Good Morning Britain Breakfast Show and asked a simple question " Did he regret voting against lunch meals for poor children?" Like his boss Johnson, he squirmed with embarrassment and blatantly refused to answer - Piers Morgan tried hard to get an answer and, in the end, simply showed his disgust. I'm sure that our own MP, Duncan Baker would reply honestly and straightforwardly that he voted against providing school meals for the economically challenged children??

I am sick to death of lying conniving, inadequate, "contracts for conservative party donors" Cabinet Ministers and it is time they went before they totally ruin the country that I love.

Keir Starmer has demonstrated that he is a man of great intellect, compassion and trustworthiness and I can't wait until he is leading the country.

Yours sincerely,

Graham Jones



Dear Editor,

The North Walsham Phoenix Group

CREATING A YOUTH AND COMMUNITY SPACE IN NORTH WALSHAM

Armed with the information from the North Walsham Youth Survey 2019 and the views expressed from many others we created the plans for A Youth And Community Space(YACS). This space would become a central focal point for people in the town and allow services to access the local population using a drop-in style approach.

At the start of the Covid-19 pandemic the group have no physical location but wanted to be able to help those in need here in North Walsham so we created the North Walsham Emergency Grant Fund. People living in North Walsham who were struggling to put food on the table or had to choose between heating or eating are able to fill in an online application to receive a £50 shopping voucher or help with heating/electricity top ups. This service has helped many and continues to so with local people able to contribute to the fund via a JustGiving page.

Throughout last summer the Phoenix Group continued to work on securing a physical location for the Youth and Community Space. The former Barclays bank building was able to be secured and we have continued to develop our plans. We now have four floors to create the Youth and Community Space. So far we have received an excellent response with £6k from North Walsham Community Shop and £15k from North Walsham Town council. Local business have also been helping to support us such as Richard Sims of Sims Foot Clinic who donated £500 recently. We have received letters of support from MP Duncan Baker, District Councillors and others and it has been amazing to see the level of support we have.

We have launched a JustGiving campaign to raise £20k towards the works and have asked local people to donate what they can, even £1 makes a difference and pushes us closer to achieving our goals for the space.

Anyone who would like to invest in the future of services not just for North Walsham, but for North Norfolk as a whole to spare what you can to support future access to services.

Our JustGiving page can be found at <https://tinyurl.com/NWPGdonate>

Chair of North Walsham
Phoenix Group
Mal Gray



MERCHANTS' PLACE COMMUNITY, RESOURCE AND LEARNING CENTRE

COMMUNITY LARDER



Merchants' Place Community Larder
Open Monday - Thursday, 9:30am - 5pm

We are working alongside Cromer Foodbank and Morrisons to supply a range of long-life and dried foods for anybody that needs a helping hand. If you would like to access this service, just drop in to see us - please remember your shopping bag!

We are also aiming to reduce food waste by encouraging "food swaps".

01263 519454
info@merchantsplace.co.uk
www.merchantsplace.co.uk

16 Church Street
Cromer
NR27 9ES

COPY FOR NEXT ISSUE
WED 3rd FEB 2021
king495@btinternet.com

IF YOU HAVE A POINT OF VIEW TO SHARE ON THESE OR ANY OTHER TOPICS PLEASE SEND US YOUR LETTER AND WE WILL TRY OUR BEST TO PUBLISH.

LETTERS to
king495@btinternet.com
or drop in to K
HARDWARE Church St
Cromer



This publication is
printed by Warners
01778 395111

**EACH TIME YOU LEAVE HOME,
YOU GIVE COVID MORE
CHANCES TO SPREAD**



**ARE YOU ONLY GOING OUT
WHEN YOU REALLY HAVE TO?**

STAY HOME

DON'T GIVE COVID MORE CHANCES